



**EIGHTEENTH SUNDAY IN ORDINARY TIME**  
**SUNDAY 1<sup>ST</sup> AUGUST 2021**

**“My Father gives you the true bread from heaven”**

Alongside John 6 and the discourse on the bread of life, the Church hears most of the fourth and fifth chapters of Paul’s Letter to the Ephesians. Known as one of the captivity letters (Colossians, Philippians, and Philemon are the others) because it is apparently written from prison (Ephesians 4:1), the Letter to the Ephesians discusses the mystery of life in Christ. Paul’s exhortation to “live in a manner worthy of the call you have received”, which we heard last week, strikes at the heart of Christian discipleship. This week, Paul continues to call the Ephesians to a renewal in Christ – to “put away the old self of your former way of life . . . and be renewed in the spirit of your minds” (4:22-23). It was expected that Baptism into the death and Resurrection of Christ would bring radical life changes for early Christians. For some, this meant giving up jobs and wealth; for others, it meant hospitality or service. For everyone, life in Christ was life lived according to God and not according to the world. Christians were encouraged to embrace love rather than ambition, greed, or power and to focus on the treasure of heaven rather than on earthly wealth.

Consequently, this small section of the Letter to the Ephesians provides the perfect prelude to the discourse on the bread of life in John’s account of the Gospel. Jesus warns the crowd that they are thinking wrongly- running to see him for perishable bread (6:26). In Paul’s vocabulary, the crowd sees Jesus with old eyes, with their old selves. If they saw Jesus with spiritual eyes, they would know him as the Bread of Life. They would seek only the bread of life. They would hear Jesus’ gentle correction to their assertion that Moses gave them manna from heaven. “My Father gives you the true bread from heaven” (6:32). Physical hunger and thirst made the Jews rely on God in the desert. Jesus shows the crowd that hunger has much deeper implications for the soul. If they believe Christ is food and drink, they will never be hungry or thirsty



## Eighteenth Sunday In Ordinary Time Sunday 1<sup>st</sup> August 2021

### Return to Weekday Masses

Please see below our weekly timetable of daily masses which will begin on Monday 2<sup>nd</sup> August.

As the pandemic is still not gone away completely, we are still asked to be careful with regard to safety procedures. So please continue wearing masks and keep safe distance and sanitise your hands.

### Parish Diary

Sunday Masses 10am & 12pm

Both the 10am and 12pm masses are now open for *People's Physical Participation*. The 10am mass will also be livestreamed.

Mondays	9am	Adoration & Rosary
	9.30am	Mass for Parishioners
Tuesdays	9am	Adoration & Rosary
	9.30am	Mass for Parishioners
Thursdays	9am	Adoration & Rosary
	9.30am	Mass for Parishioners
Wednesdays	9am	Eucharistic Service
Fridays	9am	Adoration & Rosary
	9.30am	Mass for Parishioners
Saturdays	9am	Adoration & Rosary
	9.30am	Mass for Parishioners

### Liturgical Calendar

Sunday 1 <sup>st</sup> August	Eighteenth Sunday in Ordinary Time (B)
Wednesday 4 <sup>th</sup> August	St John Mary Vianney, Priest
Friday 6 <sup>th</sup> August	Transfiguration of the Lord (B) – Feast
Sunday 8 <sup>th</sup> August	Nineteenth Sunday in Ordinary Time (B)

### Parish Notice Board

Baptisms will return to Saturdays with immediate effect

### English Martyrs Donations/Financial Support for your Parish

We wish to thank those who have been most generous in your contributions to the parish finance. Those who have not yet thought about giving, you have the option of either donating on line, information below or simply pop your envelope through the Presbytery letterbox.

For those who wish to pay direct from your bank account to the Parish funds, you can now use the following Bank details in future:

HSBC UK  
Account No. 11019198

Sorting Code 40 13 22

Kindly make your monetary contributions by cheque in the following way:

1. For 'Mass intentions' to the parish, please make your cheques payable to 'English Martyrs Stipend' account only.
2. For all other donations and contributions to the Parish, please make your cheques payable to 'English Martyrs Catholic Church'.
3. Any personal remuneration for Father should be payable to 'Fr. Belevendran'.

Many thanks  
Parish Office

### Parish Finance

Sunday 25<sup>th</sup> July 2021    Gift aid - £    - Loose Plate £    -Total: £

Please Pray for the Sick and Housebound in our Parish: David Calder, Kathleen Clifford, Anna Heneghan, Paul Hogan, Pat Lark, George Malaj, Sheila McCurdy, Sheila Murphy, Don Muscat, Rachel, Mary Scully, Mary Thurgood, Mary Wright. Rose Yates and Claire Ryan in Emerson Court.

### Masses & Intentions This Week

Sunday 1 <sup>st</sup> August	10.00 am	The Shanahan Family (donor – May Shanahan)
	12.00 pm	Nelly Lee – Get Well (donor – May Shanahan)
Monday 2 <sup>nd</sup> August	9.30 am	Evelyn Golding – RIP
Tuesday 3 <sup>rd</sup> August	9.30 am	Tom O'Connor – RIP (donor – Greta Street)
Wednesday 4 <sup>th</sup> August	9.30 am	Eucharistic Service
Thursday 5 <sup>th</sup> August	9.30 am	Mrs Valarie McCarthy – RIP/Anni
Friday 6 <sup>th</sup> August	9.30 am	Mrs Elizabeth Deeley - RIP
Saturday 7 <sup>th</sup> August	9.30 am	
Sunday 8 <sup>th</sup> August	9.30 am	Rev Fr Patrick Okayo – RIP (donor – Greta Street)

### Communication Desk

#### Memorial Mass – Fr Tom Jordan, RIP

Marking one year since Fr Tom's death, Mass will be offered at St Edward the Confessor, Romford, on Thursday 5<sup>th</sup> August, at 6.30pm. Everyone is very welcome.

#### The Cry Of Creation – A Study Day On Laudato Si

As the United Nations Climate Change Conference (COP 26), to be held in Glasgow in November, draws nearer, and at a time of unprecedented danger for the world, the 2015

encyclical of Pope Francis, *Laudato si'*, on care for our 'common home', could not be more relevant. Fr Ashley Beck, priest of the archdiocese of Southwark and associate professor at St Mary's University, Twickenham specialising in Catholic Social Teaching, will explore its contents and explain its crucial relevance. To access this free live event go to [www.whatgoodnews.org](http://www.whatgoodnews.org) – the event is scheduled for 11.00 to 12.30 BST on Saturday 4<sup>th</sup> September. No registration is needed. The talks will be available subsequently on the same website.

#### **Living *Laudato Si'* – Online Retreat – 15<sup>th</sup> – 18<sup>th</sup> October 2021**

Open to all, this retreat will help personal prayer and reflection, and parish action, on the critical issue of care for God's creation. Bishop Alan will open the retreat, which will be led by expert speakers. For more information see the poster at the back of church or email [laudatosi@dioceseofbrentwood.org](mailto:laudatosi@dioceseofbrentwood.org)

#### **The Gospel Of Mark**

“On Most Sundays Of 2021 we shall be reading from the Gospel according to Mark. In two new video presentations Fr Adrian Graffy, parish priest and member of the Pontifical Biblical Commission, demonstrates the skill with which Mark put his gospel together, and how Mark's material was used by later evangelists. The talks are accessible free of charge from the home page of [www.whatgoodnews.org](http://www.whatgoodnews.org) and also on the page entitled 'Faith Talks'.

#### **Liturgy Of The Word**

Apps to access readings for Mass: Daily Readings for Catholics, and Laudate. You can also access the readings by going to the website [www.universalis.com](http://www.universalis.com)

#### **USEFUL WEBSITES**

For those who have access to a computer, you may find the following websites of help in keeping up to date with developments:

<https://www.cbcew.org.uk>

<https://www.dioceseofbrentwood.net>

<http://walsingham.org.uk> (For Live stream masses)

<b>Parish Priest : Fr Britto Belevendran, (01708 507020)</b>
<b>Parish Administrator : Daphne Thomas, Mon, Tues, Thurs &amp; Fri (11am-2pm) (01708 507020)</b>
<b>Diocesan Safeguarding Representative : Katie Nash (07825293308)</b>
<b>Finance : Mr Graham Daniels (01708 452406)</b>
<b>Parish Gift Aid Organiser : Dr Steve Pinder (01708 445443)</b>
<b>Hall &amp; Lounge Bookings : English Martyrs Parish Office (01708 507020)</b>

#### **The English Martyrs Catholic Church (Diocese of Brentwood)**

**Parish address: 240 Alma Avenue, Hornchurch, Essex RM12 6BJ**

**Parish tel no: 01708 507020**

**Parish email: [hornchurchem@dioceseofbrentwood.org](mailto:hornchurchem@dioceseofbrentwood.org)**

**Parish website: <http://englishmartyrshx.weebly.com/>**

**Founded 1955**

**Diocese of Brentwood**

**Registered Charity No. 23409**